



2025-2026 Swimming & Diving

Qualifying Standards

2025-2026 STATE FINAL QUALIFYING STANDARDS

State Swim Qualifying Standards are determined in the following manner. The Qualifying Standards for each individual swimming event will be calculated by determining the 36th place time from all sectionals. That time will then be used to obtain an average of the last THREE years' average times in each event. In relay events the same process will be implemented but the 30th sectional place time will be used to make the calculations.

Event	2025 Girls	Students with Physical/ Visual Disabilities		Event	2026 Boys	Students with Physical/ Visual Disabilities	
		Class A	Class B			Class A	Class B
200 Medley Relay	1:48.95			200 Medley Relay	1:36.73		
200 Free	1:56.01	7:30.00*	5:30.00*	200 Free	1:44.59	7:00.00*	5:00.00*
200 IM	2:10.58			200 IM	1:57.40		
50 Free	:24.41	3:00.00*	2:15.00*	50 Free	:21.73	2:45.00*	2:00.00*
100 Butterfly	:58.38			100 Butterfly	:51.92		
100 Free	:52.95	4:45.00*	3:30.00*	100 Free	:47.54	4:15.00*	3:00.00*
500 Free	5:13.38			500 Free	4:47.23		
200 Free Relay	1:38.84			200 Free Relay	1:27.45		
100 Back	:58.60			100 Back	:52.94		
100 Breast	1:07.25	5:30.00*	5:00.00*	100 Breast	:59.26	5:00.00*	4:30.00*
400 Free Relay	3:37.34			400 Free Relay	3:13.49		

* Proposed SQT same as last year/Times changed from 2024-2025