



Pregame Medical Meetings, a critical part of being prepared.

In a medical emergency minutes matter. Communication and knowledge of how to proceed are keys to success. A pregame medical meeting provides the platform to establish this effective communication during a medical emergency or other safety event. Having an **EAP is required by Illinois law** and **reviewing it** in a **pregame medical meeting** is supported by the NATA position statement on Emergency Action plans linked here:

(https://www.nata.org/sites/default/files/2025-08/emergency_action_plan_development.pdf).

The IHSA recommends all schools host a pregame medical meeting before all contests. Please see the information below which will assist you in helping your school be prepared for a medical emergency.

IHSA Pregame Medical Meeting Template

The below info should be reviewed by Officials, Coaches, School Admin or designee as well as any medical professionals providing coverage at the event

- Where is the nearest AED?
 - who will retrieve it
 - other emergency equipment
- Accessibility (Door to AED, Keys, Gates for EMS Access)
- Who will activate 911 & how?
 - Radio/Phone/Hand signals
 - What is the venue address?
 - Nearest Hospital/ER
- Is an Athletic Trainer Available?
 - If not, who is the lead responder?
- Other Essential Personnel:
 - Administration
 - Coaches
 - Other Staff
- Outdoor Venues
 - Lightning Detection & Shelter Locations
 - Heat (WBGT Readings & Cold Water Immersion Locations)
- Mental Health Emergency Info?

Pregame Medical Meeting Card

A pregame medical meeting card can be useful to help guide the meeting. The following links are resources you can use to make your own cards. Please feel free to make copies electronically to modify for your needs. We ask that the content on the cards remains consistent and that you add only your information for your school, venue and event.

Pregame Medical Meeting Card Options:

Information should be reviewed before any contest with coaches from all teams, administration, game officials, and any medical staff present. Please modify as necessary for your facility and EAP.

IHSA Pregame Medical Meeting	Response / Notes
Where is the nearest AED? Who will retrieve it?	AED
Accessibility (Door to AED, Keys, Gates for EMS)	EMS Access
Who will activate 911 & how? (Radio/Phone/signals)	911, Radio or other number:
What is the venue address?	Venue Address
Nearest Hospital/ER	Hospital/ER Address
Athletic Trainer Available or who is lead responder?	Medical Contact
Other Essential Personnel (Admin, Coaches, Staff):	Other contacts
Lightning Detection & Shelter Locations	Shelter Locations
Heat (WBGT Readings/Cold Water Immersion Locations)	CWI Notes
Mental Health Emergency Info?	MH Contact

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Other Essential Personnel (Admin, Coaches, Staff):	Shelter Locations
Lightning Detection & Shelter Locations	Shelter Locations
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Mental Health Emergency Info?	MH Contact