



2025-26 IHSA Girls State Final Gymnastics Meet Time Schedule

Friday, February 20 - Session I

- 10:00 a.m. - 10:30 a.m. – Head Girls Gymnastics Coaches pick up school packets at Pass Gate
- 10:30 a.m. – Coaches meet with Technical Committee (General stretching, no tumbling)
- 10:15 a.m. - 10:50 a.m. – Bar settings with Coaches present
- 11:00 a.m. - 1:45 p.m. – Warm-ups for Session I competitors ONLY (2 minutes per competitor)
- 11:45 p.m. – Judges for Session I meet in AD's Office with Meet Referee
- 1:00 p.m. – Doors Open to General Public for Session I
- 1:40 p.m. – Competitors assemble promptly for Parade of Competitors (East Gym Gymnastics Room)
- 1:50 p.m. – Parade of Competitors
- 2:00 p.m. – National Anthem
- 2:05 p.m. – Session I – Preliminaries in the Individual Events and Finals in All-Around

Saturday, February 21 - Session II

- 11:30 a.m. – Pass Gate opens to contestants, coaches, officials, VIPs
- 11:45 a.m. - 12:15 p.m. – General Stretching
- 12:15 p.m. - 1:45 p.m. – Warm-ups for Final Qualifiers
- 12:15 p.m. – Judges for Finals meet in AD's Office with Meet Referee
- 1:00 p.m. – Doors Open to General Public for Session II
- 1:50 p.m. – Competitors assemble for Opening Ceremony
- 1:55 p.m. – Opening Ceremony (Parade of Competitors)
- 2:00 p.m. – National Anthem
- 2:05 p.m. - 2:15 p.m. – IHSGGCA Presentation
- 2:15 p.m. – CHAMPIONSHIP FINALS in Individual Events in the following order:
 - Vault and Uneven Bars alternating performances
 - Vault Awards
 - Uneven Bars Awards
 - All-Around Awards
 - 15-minute break - (15-minute touch warm-up for all gymnasts competing)
 - Balance Beam and Floor Exercise alternating performances
 - Beam Awards
 - Floor Awards
- 3:45 p.m. – Team Awards